REFLECTION

BAKED

SERVED ALL DAY

Chocolate Croissant	42
Plain Croissant	35

+Add Filling - R16 each
Greenpepper, Cherry Tomato, Rocket, Basil, Cheese, Pineapple

+Add Filling - R30 each
Avacado, Olives, Artichoke, Mushroom, Feta

+Add Filling - R35 each
Chicken, Salami, Mince, Ham, Bacon

Mini Cake	140/170

Please ask your waitron about the mini cake of the day

Crunchie	24
Choc Chip Cookie	25
Vegan Choc Chip Cookie	30
Belgian Chocolate Brownie	51

TOASTED

SERVED UNTIL 11:00 AM
Choice of white, health or sourdough toast

	TOAST	TRAM
Bacon, Cheese	78	102
Mince & Cheese	78	102
Chicken Mayo	66	90
Ham & Cheese	60	84
Salami, Feta & Cheese	78	102
Cheese & Tomato	54	78
Spinach, Feta & Cheese	66	90

+Add Side Chips/Side Salad R24 each

BREAKFAST

Breakfast served until 11:00am

The Avo-lution 90
Avo on a choice of white, health or sourdough toast
+Add egg +R10 each

The Farmer 137
Bacon, cheese wors/griller, 2 eggs, mushrooms, fried cherry tomato & slice of toast

The Haloumi Poacher 102
Fried haloumi & eggs served with grilled cherry tomato on a choice of white, health or sourdough toast

The Barn Stack 102
Mince & fried cherry tomato topped with avocado on a choice of white, health or sourdough toast

The Yard 90
Fried basil pesto mushrooms, grilled cherry tomato with feta & cream cheese on a choice of white, health or sourdough toast

The Skinny 78
Fresh papaya yogurt & breakfast muesli

The Breezy Brekkie 72
Bacon, 1 egg, fried cherry tomato & slice of toast

+Extra

+Add Extra- R16 each
Cherry Tomato, Rocket, Basil, Cheese

+Add Extra - R30 each
Avacado, Artichoke, Mushroom, Feta, Haloumi

+Add Extra - R35 each
Salami, Mince, Ham, Bacon, cheese wors/griller

REFLECTION

TRADING HOURS

Monday - Closed

SUMMER

Tuesday to Thursday - 8am to 6pm
Friday to Saturday - 8am to 10pm
Sunday - 8am to 6pm

WINTER

Tuesday to Sunday - 10am to 6pm

MAIN MENU

SERVED FROM 11:00 AM

FEELING SNACKY

SERVED FROM 11:00 AM

CRISPY CHEESE CHICKEN STRIPS	**66**
MOZZARELLA STICKS	**66**
BILTONG	**60**
DRYWORS	**60**
SALAMI	**35**
HAM	**35**
MINI CHEESE WHEELS X2	**36**
KIRI CREAM CHEESE X2	**36**
FETA CHEESE	**30**
CREAM FETA & OLIVES	**72**
ARTICHOKES	**30**
GREEK OLIVES	**30**
SLICED BAGUETTE	**30**
FOCACCIA	**60**

DIPS, PESTOS & PASTES

BASIL PESTO	**54**
TZATZIKI	**54**
HUMMUS	**54**
OLIVE TAPENADE	**54**
CREAMED FETA & OLIVE DIP	**72**

PLATTERS

SERVED FROM 11:00 AM

THE SIDE CHICK **165**
8 Chicken wings & chips

THE FUN SIDE **247**
Biltong, drywors, salami, cream fetta & greek olives with a garlic & herb focaccia

THE SNACK ATTACK **209**
Salami, biltong, greek olives, artichokes, kiri cream cheese, tzatziki & garlic & herb focaccia

THE APOLLO **209**
Cream fetta & greek olives, aritichokes, mini cheese wheels with a garlic & herb foccacia

THE PARTY **231**
Margarita sticks, 4 chicken wings, drywors & chips

THE GARDENER **209**
Greek salad, mini cheese wheels, artichokes, tzatziki with garlic & herb focaccia

SIDE SALAD	**24**
SIDE PORTION CHIPS	**24**
FULL PORTION CHIPS	**48**
GARLIC & HERB FOCACCIA	**60**

PIZZA BOMBS

SERVED FROM 11:00 AM

Four dough balls stuffed with cheese & filling, served on napoletana sauce.
*Please note that pizza bombs take about 30mins to prepare

TRIPPLE CHEESE BOMBS **180**
Mozzarella, cheddar & feta

HAWAIIAN BOMBS **180**
Ham & pineapple

MEXICANA BOMBS **204**
Mince, greenpepper & chilli

THE FIFI BOMBS **186**
Artichoke, olives & feta

THE LOBBY BOMBS **150**
Cherry tomato & basil

THE BOSS BOMBS **216**
Bacon, salami, cherry tomato & feta

MEATY

SERVED FROM 11:00 AM

CHICKEN WINGS **60**
4 Pieces bbq marinated chicken wings
+Add Side Chips/Side salad R24 each

HOT WINGS **66**
4 Pieces chicken wings with touch of chilli
+Add Side Chips/Side Salad R24 each

PULLED PORK BURGER **189**
Pulled pork, Coleslaw & chilli on bun with Side Chips/Side Salad

RIBS
Half rack (300g) with Side Chips/Salad **167**
Full rack (600g) with Side Chips/Salad **310**

RIBS & WINGS
Half rack (300g), 4 wings with side Chips/Salad **227**
Full rack (600g), 4 wings with side Chips/Salad **370**

PULLED LAMB FLATBREAD **187**
Pulled lamb, with tzatziki & pickled red onion on flatbread

PULLED BRISKET FLATBREAD **170**
Pulled brisket with guacamole & salsa on flatbread

+Add Side Chips/Side Salad R24 each

PIZZA

SERVED FROM 11:00 AM

FOCACCIA **60**
Garlic & herb

MARGHERITA **104**
Tomato base & mozzarella cheese

HAWAIIAN **165**
Ham & pineapple

REGINA **165**
Ham & mushroom

MEXICANA **187**
Mince, greenpapper & chilli

THREE CHEESE **165**
Mozzarella, cheddar & feta

CHICKEN MAYO **176**
Chicken mayonnaise

QUATRO STAGGIONI **209**
Artichoke, bacon, olives & mushroom

THE LOBBY **165**
Cherry tomato & basil

THE BOSS **198**
Bacon, salami, cherry tomato & feta

THE MILAN **198**
Chicken, feta, avocado & rocket

THE JAXON **198**
Bacon, feta & avocado

THE FIFI **176**
Artichoke, olives & feta

THE WATSON **192**
Chicken mayo, mushroom & olives

THE MOSSIE **198**
Bacon, pepperdews, feta & Rocket

THE KELLY **176**
Mushroom, feta & avocado

THE ROBERTSON **192**
Fresh baby spinach, artichokes, feta & olives

THE VARKIE **220**
Pork ribs & avocado

Gluten free base available

SALAD BAR

SERVED FROM 11:00 AM

GREEK **88**
CUCUMBER, CHERRY TOMATO, FETA, OLIVES & RED ONION WITH GREEK DRESSING

ITALIAN **93**
LETTUCE, CHERRY TOMATO, RED ONION, OLIVES, CROUTONS & PARMASAN CHEESE WITH ITALIAN DRESSING

CAPRESE **138**
TOMATO, SLICED MOZZARELLA & FRESH BASIL WITH BASIL PESTO DRIZZLE

+Add Extra- R16 each
Greenpepper, Cherry Tomato, Rocket, Basil

+Add Extra - R30 each
Avacado, Artichoke, Pineapple, Mushroom, Feta, Haloumi

+Add Extra - R35 each
Salami, Mince, Ham

+Add Extra - R72 each
Chicken

SUSHI

SERVED FROM 11:00 AM

CALIFORNIA ROLL (4 PIECE)
SALMON 90
PRAWN 85
CUCUMBER & AVO 76

FASHION SANDWICHES (8 PIECE)
SALMON 120
PRAWN 115
CUCUMBER & AVO 90

MAKI (6 PIECE)
SALMON 70
PRAWN 65
CUCUMBER & AVO 55

NIGIRI (4 PIECE)
SALMON 110
PRAWN 104
AVO 88

HAND ROLL
SALMON 90
PRAWN 85
CUCUMBER & AVO 75

SALMON SASHIMI (4 PIECE) 100

SALMON ROSES (4 PIECE) 95

DESSERT

AFFOGATO 74
Vanilla ice cream & espresso

NUTELLA PIZZA (contains nuts) 90
Plain focaccia with Nutella & fresh fruit

BELGIAN CHOCOLATE BROWNIE 74
Chocolate brownie served with vanilla ice cream

CHOC CHIP CRUMBLE & ICE CREAM 43

MARSHMALLOW BOMBS 30
Dough ball stuffed with marshmallows and served on Bar-one sauce

+Add ice cream scoop R12

ITALIAN KISSES 20
Kisses on a stick
Chocolate
Espresso
Milktart
Vanilla

GIN & TONIC SORBET 45

DESERT CALIFORNIA ROLL (8 PIECE) 103
Strawberry, cucumber and cream cheese roll, drizzled with honey, served with bar-one dip

KIDS CORNER

SERVED FROM 11:00 AM

SMALL MARGHERITA 55
SMALL HAWAIIAN 85
VIENNA & CHIPS 55
CHEESE CHICKEN STRIPS & CHIPS 70
RIBS & CHIPS 95
KIDDIES SNACK BOARD 120
DRYWORS, TWO MINI CHEESE WHEELS & CHIPS
FINGER FOODS BOARD 115
CHEESE CHICKEN STRIPS, MOZZARELLA STICKS, CUCUMBER STICKS & CHIPS

SIDE PORTION CHIPS 24
FULL PORTION CHIPS 48

FLOATS
CREAM SODA FLOAT 48
COKE FLOAT 48
FANTA ORANGE FLOAT 48

BABYCINO 12

SWEET TREAT
NUTELLA PIZZA (cont. nuts) 45
Plain focaccia with Nutella & fresh fruit

MARSHMALLOW BOMBS 30
Dough ball stuffed with marshmallows and served on Bar-one sauce

ICE CREAM & CHOC SAUCE 18

DOGGY TREATS

BARKERY BITES
LAMBS LIVER 66
BEEF BILTONG WHEAT-FREE 88

DOGGY MEALS
CHICKEN, RICE AND VEG 65
OSTRICH, RICE AND VEG 70

DOGGY CUPCAKES
SWEET POTATO KISSES PINK/BLUE 16
MUTTER BUTTER PINK/BLUE 14

DOGGY CAKES 195 -225
ON ORDER (5 DAYS LEAD TIME)
ASK MANAGER FOR COLORS AND FLAVOURS

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RETAIL

FEEL FREE TO CHECK OUT OUR RETAIL CORNER ON THE DECK FOR ANY NEW MERCHANDISE

COLD BEVERAGES

SOFT DRINKS

COKE	33
COKE ZERO	
SPRITE	
SPRITE ZERO	
FANTA ORANGE	
CREAM SODA	
ICE TEA BERRY/PEACH/LEMON	
TONIC WATER/ PINK TONIC WATER	
SODA WATER	
LEMONADE	
DRY LEMON	
GINGER ALE	
STILL WATER SMALL	
SPARKLING WATER SMALL	
STILL WATER 1,5L	57
SPARKLING WATER 1L	48
GRAPE TIZER	42
APPLE TIZER	42
RED BULL	45
RED BULL SUGAR FREE	45
PASSION FRUIT & LEOMONADE	48
KOLA TONIC & LEMONADE	48
ROCK SHANDY	54
STEEL WORX	54

ICE ICE BABY

ICED COFFEE	58
ICED LATTE	54
ICED STRAWBERRY MATCHA	69
FROZEN HOT CHOCOLATE	58
FRULATA	58
BERRY ICE KRUSHER	58
PASSION FRUIT KRUSHER	58

ADD BOBA +R12
STRAWBERRY, PASSION FRUIT, MANGO , BLUEBERRY

MILKSHAKES

OREO, FERRERO ROCHER, COFFEE	72
VANILLA, CHOCOLATE, LIME, BUBBLEGUM, SALTED CARAMEL, STRAWBERRY	36/58

FRUIT JUICE CAPPY

BREAKFAST BLEND	39
ORANGE MANGO	
ORANGE	
PASSION PEACH	

HOT BEVERAGES

ESPRESSO SINGLE	34
ESPRESSO DOUBLE	40
MACCHIATO	42
AMERICANO	42
FLAT WHITE	48
CAPPUCCINO	48
RED CAPPUCCINO	48
LATTE	48
CHAI LATTE	50
DIRTY CHAI LATTE	60
MOCHA LATTE	66
MOCHA CHINO	66
HOT CHOCOLATE	55
WHITE HOT CHOCOLATE	55
CORTADO	42
BABYCHINO	12
DECAF	+12
ALMOND MILK	+12
OAT MILK	+12
CREAM	+12
HAZELNUT SYRUP	+12
VANILLA SYRUP	+12

TEA TIME

ROOIBOS	39
CEYLON	39
JAPANESE MATCHA LATTE	58
ALMOND MILK	+12
OAT MILK	+12
CAERAMEL SYRUP	+12
VANILLA SYRUP	+12

PREMIUM SELECTION

GIN

BOMBAY SAPPHIRE	42
MALFY	52
TANQUERY	48
HENDRICKS	60

VODKA

SMIRNOF 1818	34
SKY	57
ABSOLUT	48

PREMIUM WHISKY

JAMESON SELECT	57
GLENFIDDICH 12 YEAR	72
GLENFIDDICH 15 YEAR	105
JOHNNIE WALKER BLACK	72

TEQUILA

JOSE GOLD	54
JOSE SILVER	54
JOSE DON JULIO	108
PATRON SILVER	66
PATRON GOLD	72
OLMECA SILVER	54
OLMECA GOLD	54

COGNAC & BRANDY

HENNESSY V.S	66
REMY MARTIN V.S.O.P	84

RUM

CAPTAIN MORGAN SPICE GOLD	30
BACARDI CARTA BLANCA	30

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BEER AND CIDER

NON ALCOHOLIC

CORONA 0% BEER	41
SAVANNA 0% CIDER	50

DRAUGHT	330ML	500ML
STELLA	50	65
CASTLE LIGHT	45	60
LEFFE	50	65
BLACK LABEL	45	60

BOTTLED BEER

STELLA ARTOIS	54
CASTLE LIGHT	43
CORONA	54
PERONI	54
WINDHOEK DRAUGHT	43
WINDHOEK LAGER	54
FLYING FISH LEMON	43
CASTLE DOUBLE MALT	43

CIDER

SAVANNA	45
SAVANNA LIGHT	45
BRUTAL FRUIT STRAWBERRY	54
BRUTAL FRUIT LITCHI	54
BRUTAL FRUIT RUBY RED	54

WINE

WINE BY THE GLASS

SPIER SIGNATURE	
-SAUVIGNON BLANC	72
-ROSE	72
-MERLOT	72

ROSE

STELLENZICHT	300
DE GRENDAL	250
KLEIN ZALZE	250
HERMANUSPIETERSFONTEIN	348
-BLOOS	

SAUVIGNON BLANC

SPIER SIGNATURE	234
HERMANUSPIETERSFONTEIN	360
-KAALVOET MEISIE	
SPRINGFIELD LIFE FROM STONE	354
GROOT CONSTANTIA	408

CHARDONNAY

SPIER SIGNATURE	234
STELLENZICHT THUNDERSTONE	306

CHENIN BLANC

SPIER SIGNATURE	234

WHITE BLEND

SPRINGFIELD MISS LUCY	234
SPIER CARDONAY/PINOT NOIR	252

RED WINE

MERLOT

SPIER SIGNATURE	252
HERMANUSPIETERSFONTEIN	360
-POSMEESTER	

CABERNET SAUVIGNON

LANDSKOON	324

PINOTAGE

SPIER SIGNATURE	252
BEYERSKLOOF	312

SHIRAZ

SPIER SIGNATURE	252

RED BLEND

HERMANUSPIETERSFONTEIN	432
-KLEINBOET	
STELLENZICHT THUNDERSTONE	432
VILAFONTE SERIOUSLY OLD DIRT	648

BUBBLY

KRONE BRUT	444
KLEINE ZALZE BRUT	396
PONGRACZ BRUT	576
MOET BRUT	1680
VUEVE YELLOW LABEL	2280
KRONE BRUT ROSE	444
KLEINE ZALZE BRUT ROSE	396
KRONE NIGHT NECTARE DEMI-SEC	444
KRONE NIGHT NECTARE DEMI-SEC ROSE	444

COCKTAILS

KRONE MIMOSA	90
APEROL SPRITZ	99
MARGARITA	90
MOJITO	90
LONG ISLAND	99
GIN & STRAWBERRY TONIC	90
BLOODY MARY	99
STRAWBERRH DAIQUIRI	90
MANGO MOJITO	90
GIN SLUSHY	115

WHISKEY & BRANDY

JAMESON	45
JACK DANIELS	36
JACK DANIELS FIRE	36
BELLS	36
RICHELIEU	36
KLIPDRIFT EXPORT	36
KLIPDRIFT PREMIUM	43

LIQUEURS

GRAPPA	54
JAGERMEISTER	54
JAGERMEISTER ORANGE	54
AMARULA	42
LIMONCELLO	54
KAHLUA COFFEE	66
IRISH COFFEE	66
DON PEDRO	66

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